

The following multiple choice questions are a representation of the style and type of questions Qualsafe Awards will be using to assess knowledge in its various first aid awards. Please note these are not 'live' questions.

- 1** How would you manage a casualty with a suspected neck injury?
- A Lay them down with the head raised.
  - B Stand them up against a wall.
  - C Keep the head and neck in line with the spine.
  - D Sit them up leaning forward.
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- 2** In what position should you place a conscious casualty suffering from shock?
- A Recovery position.
  - B Sat down leaning forward.
  - C Half sitting position.
  - D Lying on their back with the legs raised.
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- 3** All of the following are items that can be kept in a first aid box apart from one. Which one should **NOT** be in your first aid box?
- A Triangular bandage.
  - B Headache tablets.
  - C Plasters.
  - D Medium wound dressing.
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- 4** What is the correct order for managing a choking adult?
- A Encourage them to cough, back blows, abdominal thrusts.
  - B Abdominal thrusts, encourage them to cough, back blows.
  - C Back blows, abdominal thrusts, encourage them to cough.
  - D Chest thrusts, back blows, encourage them to cough.
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- 5** If a casualty needs resuscitation but you are unable to give mouth to mouth rescue breaths, what should you do?
- A Do nothing.
  - B Perform chest compression only CPR.
  - C Place them in the recovery position.
  - D Give 5 abdominal thrusts.